

# Adult Sports

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[Over the Hill Soccer League of NE](#)

[othsl@othsl.org](mailto:othsl@othsl.org)

The New England Over-The-Hill Soccer League is the largest soccer league in New England. It has 194 teams in four age brackets with up to 7 divisions in each bracket. They play two full seasons a year (spring and fall). Each season consists of ten regular season games followed by two playoff games to determine the division champions.

Anyone interested in finding a team should use the "[find a team](#)" option on the [Over-the-Hill](#) web site. Games are played Sunday mornings, usually at 10. You must meet the age requirement (30, 40, 50, 58) during the current calendar year to be eligible to play. The fall season starts just before Labor Day so we can finish before the snow and the spring starts around April 1st. The regular season is 10 weeks and then there's two weeks of playoffs involving the top two teams in each division.



[NH Phantoms Soccer](#)

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