

# Adult Programs



## Flag Football General Information

The Nashua Parks and Recreation Department, along with the assistance of League Director Bruce Young, will be offering an adult flag football league in both the Spring and Fall of 2009. Registrations for the spring season are available now. People from Nashua and its surrounding cities and towns may register as teams or as free agents (individuals) for this league. The information for the spring league is as follows:

What:	"6 on 6 No Contact" Spring Flag Football League	
Where:	Four Corners (area on the corner of Manchester St. and Sargents Avenue)	
When:	Sunday Mornings (Sunday, April 26-Sunday, June 28)	
Cost:	\$35/Free Agent	\$250/Team
(League fees will pay for officials, equipment and league championship trophies. Teams are required to provide their own uniforms or similar color T-shirts)		



Each team will be guaranteed a minimum of seven games with the opportunity to make the playoffs. Teams must consist of a minimum of 8 players and a maximum of 15 players, all of whom are 18 years of age or older.

Interested Participants may sign up for this new league at the Nashua Parks and Recreation Department, 100 Concord Street, Nashua, NH 03064 or may download applications online at [www.gonashua.com](http://www.gonashua.com). If you have any questions with regard to this program, please feel free to contact us at 589-3370. You may also contact Bruce Young directly at (603) 765-7440 or (603) 809-4340.

People interested in refereeing for this league are encouraged to contact Bruce Young directly.

