



City of Nashua
Division of Public Health and Community Services



Mayor’s Task Force on Substance Misuse Meeting

Tuesday, February 21, 2023
9:30 – 11 a.m.

Co-Facilitators: Lisa Vasquez, Leah Elliott, Jess Carter

Location: City Hall Auditorium, 3rd Floor

Agenda

Welcome & Introductions	<ul style="list-style-type: none"> Attendees: Leah Elliott,-NDPHCS, Lisa Vasquez-NDPHCS, Lyndsey Bond-NDPHCS, Iraida Muñoz- NDPHCS, Liana Perez-NDPHCS, Foqia Ijaz-NDPHCS, Sarah Aissis- NDPHCS, Jane Goodman, NDPHCS, Molly Graham, NDPHCS, Jessica Carter- Revive Recovery, Casey Caster- Youth Council, Susan Mead- GNMH, Tanya Wessells- ARC, Michelle Ricco-Jonas- NPC, Kim Ip- New Futures, Danielle Sylvester- Harbor Homes, Kirstin Makara-Doorway, Justin Agraz- Merrimack PD, Rebecca-Stepping Stones, Mitch Pierce-NH Respite/GH Recovery Solutions, Cathy McNamara- St. Joseph’s Hospital, Julie Christenson-Collins- GNMH, Jennifer Bishop, SNHNS, Adam Carey-AWARE Recovery, Peter Burke- St. Joseph’s Hospital, Ann Crawford- NHBDAS, Heather Morris, CAST-BGCSV, Kara Washam- Beacon Health, Robert Meshna, Jaime-Lynn Hutchinson- SNHNS, Grant Morris, New Sky Productions
Data Review	<p>Legislative Breakfast Recap</p> <ul style="list-style-type: none"> Responses were great. Content was great. 72 participants in person and filmed it. Available on public access. Relevant topic-workforce development.
Meeting Purpose	<ul style="list-style-type: none"> Strategic Planning Step 1- Introduction and Environmental Scan- Lyndsey Bond, MPH, Epidemiologist, NDPHCS-will look at our previous strategic plan. We will meet more often for the process. substance use gaps. 2022 18 Emergency Room visits in Nashua. Low number if more people die. AMR data-suspected overdoses. 243 in 2022-little bit of a lower number in 2023 by now. Typical to see higher number in summer. Deaths-44 some evidence of paraphernalia-not confirmed. Just as high in 2017-2022 second highest. 56% slide 2023- huge increase in Narcan administration-outreach is key. Seeing more overdoses. SSANA-Narcan use is higher Medical examiner’s report-overall highest was 2917 before Narcan was introduced. 409 deaths in NH 395 -201 out of 395. 50% Cocaine

	<ul style="list-style-type: none"> • Meth overdoses-since 2017 all deaths have some meth. • Xylozine-it is similar to opioid. Does not cause an overdose by itself but only when combined. 2020-2023 • High school risk behavior survey. 13 to 15 year olds for alcohol. Prescription use, heroin and cocaine were not significant. Marijuana-13-14 year olds. 15.9% received drugs in school property. Vapes- 34.4% have used it. Last 30 days-getting from friends and family. No internet • Q: Hillsborough County THC overdoses -2018- 3; 2019-8; 2020-17; 2021 - 17 and 2022 21. Lyndsey sent you some information from poison control. Very young children mostly. Helpful to monitor in future. • https://drive.google.com/file/d/1G3pEDf67NnSISfuzJZLrK2pzWh_mz998/view?usp=drivesdk. This is 2022 data from Milford EMS. Will collect monthly data. • Q: any data geographic-entire state of NH for high schoolers by gender. • Michelle Jonas-Nashua data will be available soon as well as middle school.
<p>Updates</p>	<ul style="list-style-type: none"> • Partner Updates • Doorway-new clients coming in for services. 10 individuals outside of state. 62 referrals for treatment 742 Narcan kits. • Nashua Respite-7-12 people for meeting. Family engagements meeting 2/28 next ones. Understand family dynamics and treatment. • January nothing out of norm for SSANA. Meth second, 38 reported overdoses in January. 750 Narcan kits distributed. Supplies are supplied. 141 evidence based practice for syringe service. Switched to exchange. • Medicaid expansion-granite advantage program for recovery journey-mental health PCP and medication cost. Medicaid expansion in the State House tomorrow at 9:30 in the morning. Senate will support this. HB 204 non-academic survey will impact the way the YRBS survey will be conducted. What change would be for the survey? Can find out and connect. Nothing on marijuana bills yet. Most of those bills have already been heard. Cannot tell where it would go. Email Michelle Jonas for information on bills. Marijuana bills for this year are HB 639 and HB 544 • Adam Carey from Aware Recovery will talk about his agency and available services. His role is to form relationship with local collaborations to continue to expand. Alcohol use and drug use for stress. Uptick due to Covid. Expanded to 13 agencies. Full medical detox that takes place at home. Single substance only. Really beneficial to do it at home. Transform home into a multidisciplinary, collaboration with PCP and mental health providers on behalf of the person. Psychotherapists –offer 20 sessions to every client and is covered by insurance and virtual. Stood out due to huge gap in services. Short-

	<p>term answer. IHAP family therapists. One members is designated for each family can ask questions subcontract to independent licensed providers. Each agency is led by MD. Do not work directly with clients but provide supervision. Oversee in-home detox. Rn goes into home to administer detox. Always licensed clinicians and collaborate with provide clinical assessments and work in background. Certified Recovery advisors bring them in-house and certify the. Face directly the clients. 52 weeks/2 meeting per week curriculum is flexible according to the client’s needs. Teach them how to navigate without use of substance-mental health needs are addressed. Collaborate with living companies to housing stability. Set up people for long-term success. Cannot offer Medicaid clients.</p> <ul style="list-style-type: none"> • Curriculum for cra modules –activities. Clinical 52 weeks basic life skills and therapy. What about services for adolescents? This program is designed for adults. 18 plus. 603-781-7570. acarey@awarerecoverycare.com
<p>Upcoming Event & Collaboration Opportunities</p>	<p>Will send out schedule of biweekly meetings. Will look at environmental scan and underlying causes of things we will focus on. Look forward to organizations to participate in the strategic plan. Wrap up by mid may. Will strategic plan cover mental health and substance use recover? Cannot separate the two. This plan goes a bit deeper and wider then CHIP. Will think about diversity and inclusion. How do we reach put to that community.</p>

Follow-up Items		
Action Item	Person/Organization Responsible	Date Completed

Join Zoom Meeting

<https://us02web.zoom.us/j/88522420578?pwd=U1hoZUNxWFJ0cEl0d1lNdE1DNWNoZz09>

Meeting ID: 885 2242 0578

Passcode: 426003

