

# Collect Protect Respect

## What are Sharps?

Sharps can include needles, syringes, finger sticks or lancets, epi-pens, insulin pens, infusion sets, etc.

## Approved drop off sites in Nashua

Southern Medical Center  
1 Medical Center Drive  
Nashua, NH  
603-577-2000  
24/7

Drop off at Emergency Dept/  
Outpatient Entrance

St. Joseph Hospital  
172 Kinsley Street  
Nashua, NH  
603-882-3000

M-F 8am-5:30pm

Drop off at information desk  
main lobby (Atrium)

If you are unable to visit  
one of these locations,  
please contact  
978-743-9636

# Safe Sharps Disposal

What you need to know to protect  
yourself and your community

## How to Safely Dispose of Sharps

If you do not own an official sharps container or sharps clippers, please use the following guidelines to dispose of your sharps.

1. Find a large, puncture proof container i.e. an empty detergent or fabric softener bottle.

2. Clearly label the container "SHARPS-DO NOT RECYCLE".

3. After filling the container with your used sharps, secure the cap and tape it closed.

4. Dispose of the container at an approved site.

Ask any local pharmacy, hospital, health care provider, or health department on how to get an FDA approved sharps container.

## If You Find Sharps in the Community

- Assume it has been used
- DO NOT TOUCH OR TRY TO RECAP THE SHARP!
- Call someone who is trained in sharps disposal

If you are unsure of who to call,  
contact 978-743-9636

## Remember...

- NEVER flush sharps down the toilet
- NEVER place loose sharps in the trash
- NEVER put sharps in the recycling bin
- NEVER store sharps in containers that are not puncture resistant (i.e. milk jug or plastic bag)

For more information:  
[www.Safeneedledisposal.org](http://www.Safeneedledisposal.org)  
[www.fda.gov](http://www.fda.gov)

