LEAD POISONING

Leading Education & Awareness on LEAD GREATER NASHUA

LEAD HAZARDS

Looking for Lead Paint Hazards in Your Home

Lead Paint Hazards

Simple steps can help reduce the lead hazards in your home. Create a barrier between lead hazards and your family.

Lead painted windows are especially dangerous and accessible to children.
- Cover deteriorated window paint with duct tape or contact paper
- Keep the lower part of the window closed & only open the top part
- Opening and closing windows can create lead dust and paint chips

Opening and closing doors can produce lead dust and paint chips.
- Put felt bumpers on door edges to prevent banging
- Cover edges of door with duct tape
- Remove doors entirely where possible

Baseboards are constantly bumped into and easily reached by children.
- Block access to chipped areas with large furniture
- Cover chips and cracks with duct tape, contact paper, or paint

Normal use causes paint to wear off floors and stairs and can produce lead dust.
- Cover floors with area rugs
- Install a runner on stairs to reduce lead dust

People can bring lead dust in from outside on their shoes.
- Remove shoes when coming inside or use a mat to avoid tracking in dirt
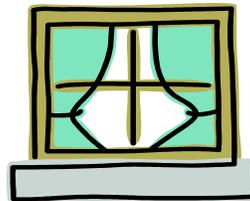
OLDER HOMES

Homes built before 1978 may contain lead paint

Lead paint was banned from residential use in 1978. While not all lead-based paint is a lead exposure hazard, the condition or location of lead paint is what puts a child at risk for lead poisoning.

LOOK OUT FOR LEAD

Looking for lead paint in your home

Lead paint was durable and used mostly on woodwork and trim, walls in bathrooms and kitchens, doors, windows, baseboards, floors and stairs, exteriors, and porches.

Lead paint is considered a hazard when:

- Located on friction/impact surfaces
- Deteriorated (peeling, chipping)
- Located on a chewable surface

MAINTENANCE

Keeping your home in good condition

Follow these guidelines to prevent lead hazards in your home:

- Touch up chipping paint in your home
- Avoid paint removal that makes lead dust
- Watch out for moisture which causes paint to deteriorate
- Follow EPA lead-safe guidelines when working on your home
- Consider using RRP certified contractors for high risk lead hazards

LEAD SAFE CLEANING

Proper clean up can reduce lead dust in your home

- Wear gloves when working with lead
- Use a spray bottle with all-purpose cleaner
- Use a HEPA vacuum and disposable paper towels or rags – a regular vacuum, broom, or sponges will only spread dust
- Steam clean rugs, carpets, and upholstery

L.E.A.D. is an initiative out of the City of Nashua Division of Public Health and Community Services, Greater Nashua Public Health Network Services

Call 1-603-589-4500 or Visit NashuaNH.gov/LEADGreaterNashua

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Though the dangers of lead have been known for years, many common items still contain lead. Here are some sources of lead that may exist in your home:

Home Environment

- Soil near lead industries, roads, lead-painted houses
- Plumbing and solder
- Vinyl mini-blinds
- Ceramic floor or wall tiles for kitchens & bathrooms
- Building materials like gutters, flashing & window glazing
- Old fashioned claw-foot bathtubs
- Leaded glass, crystal & pewter
- Brass & bronze
- Lead arsenate pesticide
- Plastic insulation on electrical wiring
- Keys

Mexican/ Central American Home Remedies

- Azarcon is a bright orange powder used for treating stomach aches. Other names for Azarcon are Rueda, Corol, Alarcon, Maria Luisa, and Ligo.
- Greta is a yellow powder used for stomach aches.

Asian Indian/Middle Eastern Home Remedies

- Ghasard is a brown powder used for stomach aches.
- Bala Goli is a round black bean dissolved in "gripe water" and used for stomach aches.
- Kandu is a red powder used for stomach aches.
- Kohl is a powder used for eye make-up and teething.
- Ayurveda is an Indian holistic alternative medicine and some products may contain lead

Products

- Imported candy & candy wrappers
- Supplements
- Imported cosmetics and hair dye
- Imported crayons
- Some rechargeable batteries
- Metal-cored candle wicks
- Fishing weights and some lures
- Toys (watch for recalls)

Asian Home Remedies

- Pay-Loo-Ah is a Vietnamese red powder used for rashes.
- Ba-Baw-San is a Chinese herbal medicine used to treat colic.

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