

Nashua Region Healthy Homes Kick-off Meeting



**CITY OF NASHUA, DIVISION OF PUBLIC
HEALTH AND COMMUNITY SERVICES**

SOUTHERN NEW HAMPSHIRE MEDICAL CENTER

JANUARY 30, 2012

Healthy Homes Initiative



- The Nashua Region is one of 8 regions to receive DHHS grant
- Multiple stakeholders from diverse professions working collaboratively
- Draft a strategic plan by August 2012

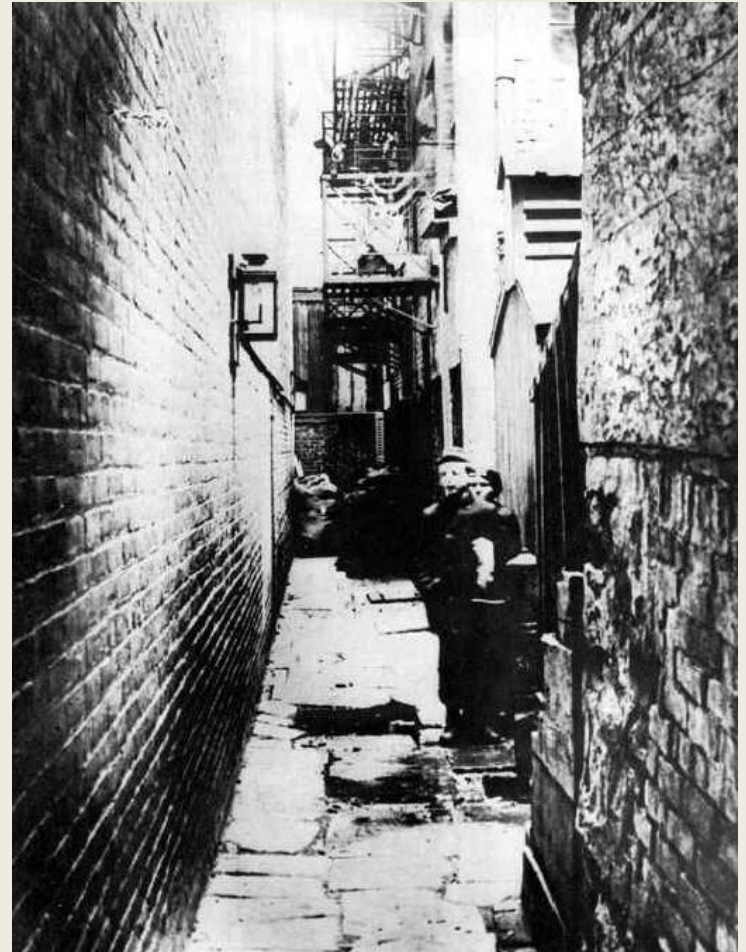
Healthy Homes Division Staff



- Victoria Alabi, Public Health Associate
- Theresa Calope, Public Health Nurse
- Ashley Conley, Epidemiologist
- Keira Delude, Lab Technician
- Corinn Dembkoski, Health Program Specialist
- Heidi Peek, Health Officer
- Luis Porres, Outreach Worker
- Nancy Seskes, Chief Public Health Nurse
- Betty Wendt, Public Health Nurse

Healthy Homes...Then

- Early 1900s – Urban housing problems
 - Improper drainage, sewage
 - Overcrowding
 - Indoor Air quality (Poor ventilation)
 - Safety Concerns (Coal and wood heating = fires)



Healthy Homes...Now

- Modern home (rural and urban)
 - Indoor air quality (mold, carbon monoxide, second hand smoke)
 - Pests (bed bugs)
 - Safety concerns (smoke detectors)
 - Lead
 - Water quality



Health and Housing



“The connection between health and the dwelling of the population is one of the most important that exists”

- Florence Nightingale