

## THERE IS AN ACTIVE PICKLEBALL PROGRAM IN NASHUA.

The Nashua Parks & Recreation Dept. has provided excellent pickleball facilities in Nashua. There are four dedicated pickleball courts at Fields Grove Park (end of Fields St, two streets south of Main and Alds St.) The tennis courts at Greeley Park have four pickleball court lines to be used with portable nets in addition to the tennis lines.

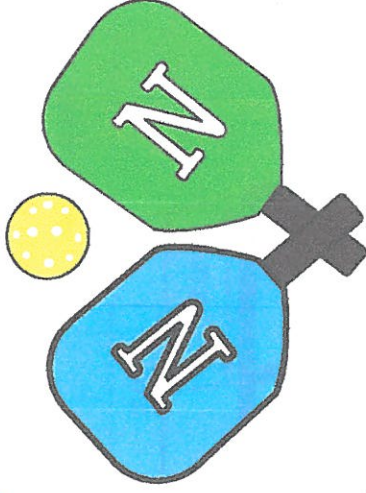
Contact the Nashua Parks & Rec. Dept. for information about playing pickleball in Nashua.

We are all going to work towards having activities for all ages to enjoy the fastest growing sport in America.



Visit [usapa.org](http://usapa.org) to get information on playing Pickleball

# PLAY PICKLEBALL



## NASHUA, NEW HAMPSHIRE

**Come play a sport that will keep you active and healthy**

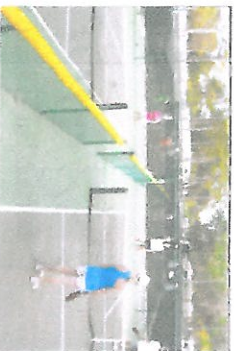
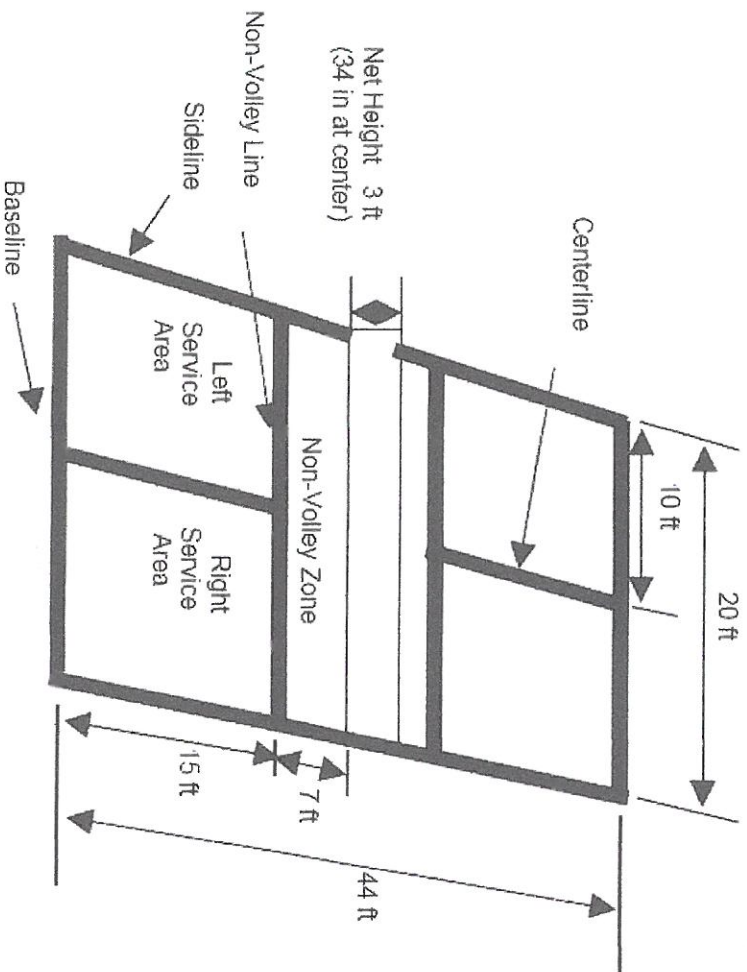
**Recommended by the  
Nashua Parks and Recreation &  
Nashua Senior Activity Center**



Come see about America's fastest growing sport... Pickleball

### THE COURT

A pickleball court can be setup on any flat surface with permanent lines or with temporary tape. Typically, tennis courts are ideal locations because of the fencing and often lighting. At least two pickleball courts can be configured on a tennis court and often more, depending on the fenced in area. Both games can still be played. Gymnasiums are often used for indoor play.



## WHAT'S PICKLEBALL?

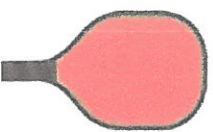
Pickleball is a fun paddle game that is played on a court about one-third the area of tennis (20X44) with the net lowered to 34 inches at the center. It is played with a baseball size wiffle ball and wood or composite paddles. It is easy for beginners to learn, but can develop into a quick, fast-paced, competitive game for experienced players.

Pickleball is similar to tennis, table tennis and badminton but with differences. A pickleball ball typically moves at one-half of the average speed of a tennis ball.

Pickleball is a fantastic way to exercise and spend time with friends and family.

Grandparents can enjoy a competitive game with grandchildren.

Pickleball is beyond a hobby - it's addictive



Let's play  
**PICKLEBALL!**

